

Ofsted Report: Not yet good enough: personal, social, health and economic education in schools

Key Points

Ofsted	Ariel Trust Areas of Support – ‘Face Up’
<p>PSHE education inadequate in over 40% of schools</p>	<p>Face Up is a preventative programme which is mapped against the requirements of the PSHE, Citizenship and English curricula and has been shown to lead to improved academic performance.</p> <p>“It shows young people what a healthy relationship is, and allows schools to address issues that are important to them encouraging an open discussion among peers.” Assistant Head, Litherland High</p> <p>Our software packages are developing a strong evidence base that demonstrates that they are effective in raising academic attainment and at the same time changing attitudes in relation to key social issues.</p> <p>To read our evaluation on Face Up link this link:http://www.arieltrust.com/detail/Face_Up_Understanding_Healthy_Relationships/222/165/article.aspx</p>
<p>Sex and relationship education requires improvements in over one third of schools</p>	<p>High quality SRE helps create safe school environments in which pupils can grow, learn, and develop positive, healthy behaviour for life.</p> <p>Face Up is an effective tool that focuses on teenage relationships and on the precursors to domestic violence.</p> <p>The software is designed to increase participants understanding of the issue and to encourage pro-social behaviour by developing their communication skills in order to challenge negative behaviour.</p>

	<p>It also enables young people to develop support networks around them who they can rely on if they are experiencing abuse.</p>
<p>In just under half the schools pupils learnt how to keep themselves safe but not all had practised negotiating risky situations</p>	<p>Ofsted is clear that schools must have a preventative programme that enables pupils to learn about safety and risks in relationships.</p> <p>Face Up enables pupils to practice skills in a safe environment. It contains real-life scenarios and asks young people to think about and practice how they would respond in a range of scenarios. It encourages young people to develop skills and support networks to help them to respond positively to real life situations.</p> <p>An example of this is in our 'Character Video' exercise where pupils can create their own storyboard, based around how they think the characters could have acted differently in the film. They can then develop them into creative writing, role play or discussion as a way of practising negotiating risky situations.</p>
<p>In secondary school there is too much emphasis on the mechanics of reproduction and too little on relationships and understanding of healthy relationships and staying safe</p>	<p>SRE helps students to think about the different social contexts, beliefs and influences that affect individual behaviours.</p> <p>Face Up encourages young people to develop skills and support networks to help them to respond positively to real-life situations. It is not just aimed at those who are bullies, or their victims, but also those young people who witness bullying and inappropriate behaviour. It is designed to develop a culture where this negative behaviour is challenged.</p> <p>An example is our 'Ask Emma' exercise, where Emma receives problem e-mails from six young people expressing an issue about their relationship. The aim of the activity is to get young people to discuss how to answer the e-mails. They</p>

	can then click and listen to Emma's response, after discussing it themselves.
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Recommendations

<p>Ensure that schools deliver age appropriate sex and relationship to safeguard from inappropriate sexual behaviour and exploitation</p>	<p>SRE plays a crucial part in meeting schools safeguarding obligations.</p> <p>The resource is aimed at all ability levels and meets the needs of a range of learning styles. Activities are interactive and visually stimulating and so particularly suitable for lower ability groups. It contains no sexual content or violence, so is specifically suitable for younger children.</p> <p>An example of this is within our 'Debate' exercise where pupils argue for or against the statements about whether the behaviour of the characters is appropriate or inappropriate.</p> <p>By delivering these activities you will cover the key skills needed for young people to develop the skills needed to challenge abusive behaviour.</p>
<p>Not all schools have yet responded to the OFSTED 2011 report on bullying, which recommends that all staff receive appropriate and regularly updated training to give them the knowledge, skills and confidence to teach pupils about diversity and the effects of bullying behaviour</p>	<p>Teachers say they want help to update their planning and teaching of SRE.</p> <p>We offer an online training manual and curriculum mapped lesson plans for Face Up, to reduce teacher planning time.</p> <p>We also provide teacher training sessions, where we demonstrate the resources to teachers to make them aware of the content, so that they can tailor the resource to suit the needs of their young people. These sessions can be customised in order to accompany the busy schedules that teachers have.</p>

<p>In 80% of primary and secondary schools, outside speakers made a valuable contribution by bringing a wide range of expertise and life experiences to the PSHE education programme</p>	<p>This is a teacher led resource which can be enhanced by our outside support, but not replaced.</p> <p>Delivery sessions are available if schools are unable to deliver Face Up within lessons, at that time.</p> <p>We can deliver PSHE days where we will customise sessions to suit individual year groups and these days will introduce the young people to the issue, with the aim of the school continuing this process at a later date.</p>
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How well did pupils learn in PSHE

<p>Health & well being Where learning was strongest, pupils developed good strategies to resist peer pressure to make unhealthy or unsafe choices, by for example practising their knowledge & skills in role play situations</p>	<p>SRE should include the development of life skills, respectful attitudes and values and their ability to achieve in school.</p> <p>“It’s important to learn about this topic so you know what to do if it happens to you or someone you know.” Student, Kirkby High School</p> <p>All of the exercises focus on enabling pupils to explore the issues of abusive relationships in a non-threatening environment and to be able to reflect on feelings and identify positive ways of understanding, managing and expressing emotions and challenging behaviour.</p> <p>These exercises include role play, storyboards and creative writing in order to get students practising situations that they could find themselves in, in real life situations.</p>

Sex & relationship education

Secondary school lessons should prepare young people for adult life by helping them to develop positive relationships & an appreciation of the consequences of their choices, an understanding of human sexuality; knowledge of the importance of safe sexual practices, sexual exploitation & abuse & knowledge of how to access further advice and support

Lack of age appropriate sex & relationship education may leave young people vulnerable to inappropriate sexual behaviours and sexual exploitation particularly if they have not taught appropriate language, or unwanted behaviours or do not know who to go to help for

SRE should promote equality in relationships and get young people thinking about the importance of understanding what a healthy relationship is.

Face Up enables pupils to practice skills in a safe environment, whilst giving them the knowledge and understanding of what is classed as sexual exploitation and abuse.

An example of this is in our '**Character Profile**' exercise where students have to consider the character traits of each of the protagonists in the videos and analyse what elements of their profile might make the characters act the way they do.

PSHE develops a positive vocabulary and the strategies and skills young people need to stay healthy and safe.

The resource includes a wide range of spoken language & listening exercises, in order to help young people understand what appropriate language is.

Our '**Video Exercise**' focuses on the language used and how the words expressed show you what type of relationship the character is in and why?

The pupils will have a series of questions to answer in groups which relate to the video clips, which will get them thinking about what is appropriate language and what is not.

<p>Staying Safe In secondary schools safety education, recognising & reducing risk, minimising harm & getting help in emergency and risky situations</p>	<p>SRE helps schools fulfil their duties to protect, safeguard and promote the wellbeing of their pupils. Face Up includes exercises that get students to realise that there is help available when dealing with abusive relationships.</p> <p>This is shown in both our 'Research and Presentation' exercises, where pupils research where you can go for help and advice and then create a presentation around the information they have found.</p> <p>They will develop skills on how to make a good presentation and discuss in groups how they felt each presentation went, whilst also sharing knowledge with the peers and helping others to realise where to go for support.</p>
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How good is teaching

<p>In the good or outstanding lessons, teachers provided a range of exciting & stimulating tasks that resulted in pupils being highly motivated & engaged. In a good Yr9 lesson, students were shown a video clip which helped them reflect on the feelings of boys who had become teenage parents</p>	<p>The software works by providing teachers with a range of interactive multimedia activities designed to stimulate discussion and analysis of domestic abuse, its causes and consequences. These are supported by lesson plans.</p> <p>An example is in our 'Video Exercise' where pupils will highlight the issues surrounding abusive relationships and illustrate some aspects of acceptable and unacceptable behaviour.</p>
<p>PSHE lessons avoided discussion of sexual and emotional feelings and controversial issues such as sexual abuse,</p>	<p>Teachers feel stretched as they are asked to respond to a growing number of social issues. They have limited time</p>

<p>homosexuality and pornography</p>	<p>to achieve this within PSHE or non-timetabled time.</p> <p>Face Up is mapped against the core curriculum and it enables teachers to 'kill two birds with one stone', to respond to an important social issue whilst at the same time delivering their key educational outcomes. We use scenario based sessions to address sensitive issues and feel this will make sessions easier for teachers to tackle.</p>
<p>In many of the weaker lessons the pace of teaching and learning was too slow, in these lessons pupils did not ask questions, research topics for themselves or give extended responses when questioned</p>	<p>The resource is designed for a collaborative learning approach in order to get pupils involved in the lesson, as much as possible.</p> <p>An example of this is within our 'Ask Emma' exercise, which is created to get the students to discuss what is regarded as appropriate and inappropriate behaviour. It also highlights abusive relationship issues within a series of letters written to an agony aunt, and gets the students to come up with their own advice.</p> <p>All of the responses in this exercise have been written in collaboration with the NSPCC</p>